

A high-speed photograph of a clear liquid splashing into a martini glass. The splash is captured mid-air, with several water droplets suspended above the glass. Inside the glass, a slice of yellow lemon is partially submerged in the liquid. The background is a deep, vibrant blue, and the lighting highlights the textures of the water and the glass.

THE THERAPY
cafe™

www.therapycafe.net

lunch

blue plate specials served monday-saturday 'til 2:30pm

all served with homemade jalapeno or plain cornbread, your choice of any two sides. any additional side, add 2.

monday: beef tips over rice 8

thursday: smothered pork chops 9

tuesday: dot's famous chicken wings 8

friday: lola's fried chicken or fish 8

wednesday: homemade pot roast 9

bruce's baked chicken 8 (available everyday)

everyday blue plate special

chicken fried steak 6

side choices:

bleu cheese & bacon coleslaw
mac'n cheese

mashed potatoes & gravy

baked apples

boiled cabbage

fresh cut green beans

fried okra

roasted corn

signature seasoned fries

grilled seasonal vegetables

sandwiches

served 'til 11pm

bistro chicken salad sandwich*

pulled white meat chicken blended with walnuts, sweet grapes, and mayo, topped with mixed greens and tomato on 12-grain wheat bread. served with tri-color tortilla chips 8

portobello wrap*

grilled portobello mushroom, served with tomato, mozzarella cheese, red pepper hummus, and caramelized onion. served with tri-color tortilla chips. 9

smoked turkey habanero*

lightly smoked turkey breast, pepper jack cheese, avocado; dressed with a sun-dried tomato chili aioli. served with tri-color tortilla chips. 9

the boston beef*

rare roasted beef, thick sliced fresh tomato, red onion, mixed greens, and finished with a horseradish cream sauce. served with tri-color tortilla chips. 9

fresh catch fish sandwich

creole seasoned and blackened; served with a spicy chipolte aioli. served with seasoned fries. 10

mama's meatball sub

homemade italian-style meatballs prepared in a zesty red sauce, topped with melted provolone cheese and dusted with parmesan cheese. served with seasoned fries. 8

16-bite hot dog

thick, foot long all beef hot dog; grilled and topped with yellow mustard & diced onions, sweet pickle relish, and bleu cheese coleslaw. served with seasoned fries. 9

blue ribbon pulled pork bbq

carolina pork BBQ served with bleu cheese coleslaw on a toasted bun. served with seasoned fries. 9

therapy's signature burger

1/2lb, hand packed, lean ground angus beef, cajun blackened and topped with bleu cheese crumble; or build it your way! served with our signature seasoned fries. 10

the french dip sandwich au jus

medium rare with horseradish cream sauce topped with onion petals and served with signature seasoned fries. 10

* sandwiches available in 1/2 sandwich / soup combo.

therapy cafe uses the highest quality fresh, seasonal fruit and vegetables from our own farm and other local farmers.

salads

served 'til 11pm

therapy house salad

mixed greens lightly tossed in an extra virgin olive oil served with cherry tomatoes & shaved grana cheese on top. 6

the iceberg

vine ripened tomatoes, red onions, bleu cheese crumble, and cabernet vinaigrette. 6

buffalo blue

diced chicken breast marinated in our own secret buffalo hot sauce, carrot, celery, scallions, and served with bleu cheese dressing. 9

spinach salad

served with candied walnuts, raisins, fresh strawberry, and a maple vinaigrette. 6

cajun chicken salad

cajun spiced chicken breast tossed in a black bean & corn salsa, red pepper, scallions, and served with a sun-dried tomato aioli. 9

flat iron steak salad

thin sliced steak on a bed of mixed greens with tomato, red onion, cucumber, avocado, tossed in balsamic vinaigrette dressing. 12

dinner

bar bites

mon-sat, 2:30pm 'til 11pm, *served 'til close

mediterranean olive bowl*	4	white bean salad & garlic toast*	4
cajun spiced mixed brazilian nuts*	5	kalamata olive tapenade & garlic toast*	5
warm tri-color tortilla chips & dip*	6	signature seasoned fries	6
deep fried bleu cheese stuffed olives	8		

starters to share

served mon-sat, 5pm 'til 11pm

tri-starter plate* try any three of our appetizer dips, including kristen's salsa, red pepper hummus, spicy horseradish, cuban black bean & corn, spinach & artichoke cheese, and casablanca olive spread. served with our tri-color tortilla chips. 10	mama's meatballs* made from scratch italian-style meatballs prepared in a zesty red sauce, served with grated parmesan cheese on the side and garlic toast for dipping. just like the ones mama used to make. 10
local heirloom tomatoes & mozzarella farm fresh heirloom tomatoes & buffalo mozzarella, with fresh basil, served with extra virgin olive oil, and aged balsamic. 11	grilled vegetable plate a variety of seasonal grilled vegetables served with hummus and herbed aioli. please ask your server about today's choices. 10
therapy nachos* homemade tortilla chips, cajun chicken, and topped with a whole host of everything bad for you. 11	colossal shrimp cocktail simply the best! ocean fresh shrimp served with mixed greens, and our own in-house cocktail sauce in an over-sized martini glass. 12

entrees

served mon-sat, 5pm 'til 11pm

pasta pomodoro fresh basil, mozzarella, and tomatoes tossed with mini bow-tie pasta & garlic. 12	clay pot roasted chicken herb roasted chicken stuffed with fresh rosemary and garlic. served with creamy mashed potatoes. 14
crab ravioli spinach, portobello mushroom, caramelized onion, and sweet corn cream. 15	smothered pork chops pork medallions, caramelized onions, and wild mushroom gravy over seasoned rice. 16
southern bbq shrimp and creamy grits served with melted cheddar cheese, apple smoked bacon, and fresh scallion. 16	butcher's cut ny strip 14oz, char-broiled to perfection and served with your choice of either creamy mashed potatoes or our signature seasoned fries. 26
white wine lemon butter sea bass Fresh from the ocean sea bass; roasted in white wine lemon butter, topped with popcorn capers. served with grilled vegetables. 21	Please ask your server for today's chef selection

desserts

served mon-sat, 11am 'til close

please ask your server about today's dessert special!

strawberries and hot fudge 7	decadent chocolate cake & raspberry sauce 7
key largo key lime pie 7	the anna banana sundae 9

all of our thick and delicious milkshakes are oversized, topped with fresh whipped cream and are served with a surprise candy or cookie on top.

- french vanilla bean
- oreo cookie crumble
- double chocolate fudge
- garden strawberry cream

spirited milkshakes

all of our spirited milkshakes are made using only 100% natural ice cream & are simply charlotte's best!

- banana split personality**
fresh banana, half frangelico & half banana liquor with both french vanilla and double chocolate ice cream.
- almond almost joy**
amaretto, dark crème de cocoa, crème de coconut and double chocolate ice cream.
- jamaican me crazy**
jamaican rum, kahlua, dark crème de cocoa and double chocolate ice cream.
- strawberry size counts cake**
fresh strawberry, vanilla extract, amaretto, french vanilla ice cream and topped with a tower of real whipped cream.
- cookie couch therapy**
oreo cookies, cream, vodka, white crème de cocoa, french vanilla ice cream and garnished with an oreo cookie.
- gone nuts**
frangelico, amaretto, dutch cocoa, vanilla bean ice cream and topped with toasted almonds.

delayed inhibition

signature drinks

- i think i'm cured cocktail**
light rum, tia maria, dark rum, dark crème de cocoa and a double shot of iced espresso!
- selective memory margarita**
an extra smooth margarita with cuervo gold tequila, grand marnier and a splash of orange juice.
- self serving illusion**
our own version of the long island iced tea with a twist. buhda beam, buhda boom!
- free association fizzle**
vodka, orange juice and 7up.
- show me yours and...**
chambord, cranberry juice, vodka, and lemonade.
- consensual something cocktail**
vodka, triple sec, lime, chambord, pineapple juice and a splash of 7up.
- midlife crisis**
tequila, orange juice, dark rum, pineapple juice and topped with grenadine.
- hitting bare bottom**
light rum, triple sec, blue caracou, sour mix, orange juice and topped with 151 rum.

daily specials

- monday**
1/2 price glasses & bottles of wine
- tuesday**
\$2 domestics & \$3 microbrew bottles
- wednesday**
award winning 1/2 price martini night
- thursday**
\$5 house flavored margarita martinis
- friday**
live music, no cover
- saturday**
live music, no cover
- sunday**
bloodymary brunch 11 am - 2:30 pm



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www.facebook.com search for **therapy cafe**

18% gratuity added to all guests checks on parties of six or more.

visit us on the web at www.therapycafe.net



branding, graphic design, photography and web design by our friends at ZooFuze. see more @ www.ZooFuze.com.

i need it

therapy's signature drink! a cappuccino martini served with vanilla vodka, bailey's irish cream, kahlua, cream and a shot of espresso.

don't stop

vanilla vodka, cream and key lime. definitely worth a second go.

relationship gone sour

vodka, sour apple schnapps and a splash of sour mix.

freudian sip

vodka, grape schnapps and just a touch of champagne.

kinky krush

vodka with a touch of orange juice and a splash of sprite.

full frontal

malibu rum, blue curacao, pineapple and a splash of sour mix. the perfect drink to take skinny dipping.

going down

vodka, three olives, one onion and a jalapeno.

peach fuzz

vodka, peach schnapps and a splash of peach nectar.

sweet nectar

vodka, pineapple juice and some prickly pear nectar.

the divorce

half of everything!

down and dirty

gin, dry vermouth, olive juice and lots of olives.

chocolate adonis

vodka, vanilla, kahlua and served with a chocolate kiss on the bottom of the martini glass.

centerfold citrus

fresh lemon, fresh lime, vodka and triple sec; served picture perfect in a sugar-rimmed glass.

when i'm bad i'm better

our version of the sour apple martini made even better with the addition of amaretto.

all about eve

raspberry vodka and melon liqueur; topped off with sparkling wine.

pretty in pink

fresh lemon, vodka, cointreau and lime; served in a martini glass rinsed with cabernet sauvignon.

we can still be friends

vodka, tangerine, chambord and a splash of lime. served extra cold!

demons within

absolut pepper, fire hot tomato juice and served with three jalapeno-stuffed olives. guaranteed to get you talking in tongues.

straight jacket

vodka, splash of lemon juice with a lemon wedge in a sugared rim glass.

multiple me's

a three berry martini served with raspberry vodka, cranberry juice, chambord and champagne.

rim-me lime

lime, vodka, triple sec, splash of sour mix and served in a sugar rimmed glass. for a truly talented tongue.

pump'n pie

vodka, pumpkin liqueur, cream and dusted with cinnamon. whether you like it nice and slow or fast and hard, you'll love this one.

fake orgasm

five fruit tini with no real liquor. ask your server about juice choices and price.

swingers swap

orange citrus, vodka, grenadine, lime juice and mint. drink half then switch with a partner.

the flaming queen

vodka, a splash of orange pineapple juice, grenadine, topped with 151 rum. la vita local!

girls gone wild

peach nectar, vodka and lots of melon.

sex by the pool

vodka, pomegranate liqueur, lime and a splash of sour. clothing optional – either way it'll get you wet

latin lover

mango, tequila, lime juice and habenero pepper syrup.

banana envy

vodka, creme de banana and a splash of orange juice

dirty talk

gin martini with onion juice and your choice of onion or limon twist.

three-way

vodka, a hint of dry vermouth and three spanish olives.

my cherry

vodka, godiva liqueur and a touch of cream with a cherry garnish.

sweet thing

vodka, chambord and a splash of pineapple.

mothers milk

vodka, bailey's and frangelico.

feeling blue

vodka, triple sec and blue curacao.

slippery when wet

vodka, apple sour schnapps and caramel buttershots.

you've got some balls

vodka, watermelon liqueur and a splash of sparkling wine.

the vasectomy

malibu coconut rum, banana liqueur, a shot of cream and absolutely no nuts.

take me

premium brandy, sweet vermouth, cherry juice and triple sec. definitely meant to sweep you off your feet.

the perfect ten

the traditional gin martini served perfectly chilled with three bleu cheese stuffed olives.

g spot

ginger, a spot of cranberry juice, vodka and a hard to find aperitif.

sybil sour

our version of the sour apple martini served with just a splash of cranberry juice.

shock therapy

vodka and a double dose of red bull. guaranteed to jump start your night.

not tonight tini

a cheesecake martini with vodka, amaretto, cheesecake liqueur, cream, toasted almond and topped with graham cracker. best if sipped while others keep their hands to themselves.

especially not tonight tini

our version of the cheesecake martini served with strawberry.

narcissus nectar

mango and guava nectar, vodka and a touch of cream. you'll love this one as much as yourself.

three virgins

vodka, three sweet cherries with a little cherry juice and absolutely no cream.

cardinal sin

vodka, malibu rum, midori, pineapple and topped with jagermeister. more than one, and you'll definitely have something to confess.

dark places

a tiramisu martini served with vodka, cream, tiramisu liqueur, espresso and chocolate. don't be afraid to try it.

one night stand caribbean

vodka, a splash of orange pineapple mix, grenadine and topped with meyers dark rum.

mommy dearest

orange flavored vodka and white chocolate, served with some milk and an attitude.

sex in the queen city

vodka, triple sec and fresh cranberry.

our best whines

house specialty wines

7 gl
26 btl

paringa shiraz
australia

14 hands chardonnay
washington

deakin merlot
australia

cadonini pinot grigio
italy

alamos malbec
mendoza

montevina white zinfandel
california

just pinot noir
france

smoking loon sauvignon blanc
california

gnarly head zinfandel
lodi

red tree chardonnay
california

jindalee shiraz
australia

marques gelida champagne
spain

9 gl
34 btl

inca malbec / cabernet
argentina

frei brothers chardonnay
sonoma

flying winemaker zinfandel
lodi

st. michelle reisling
sonoma

santa emma riserva merlot
chili

martin codax albarino
spain

folie a deux ménage y trios red
napa

manifesto sauvignon blanc
new zealand

gala rouge pinot noir
france

castle rock chardonnay
california

heavyweight cabernet
california

domaine st. michelle brut
washington

12 gl
45 btl

sterling cabernet
napa

whitehaven sauvignon blanc
california

macmurray pinot noir
sonoma

kris pinot grigio
italy

marquis philips shiraz
australia

louis martini chardonnay
napa

sonoma vineyards merlot
sonoma

relax riesling
germany

louis martini cabernet
napa

valley of the moon pinot blanc
sonoma

peter lehmann shiraz
australia

caposaldo prosecco
italy

14 gl
53 btl

ghost pines cabernet
napa / sonoma

bridlewood viognier
central coast

hullabaloo zinfandel
napa

frog's leap sauvignon blanc
napa

edward sellers syrah
spain

trefethen chardonnay
napa

iris pinot noir
oregon

sonoma-cutrer chardonnay
russian river

acre merlot
central coast

paco & lola albarino
spain

twenty bench cabernet
napa

piper-sonoma brut
sonoma

what ales you?

premium import and microbrews

draft beer selections

4 20oz

shocktop
belgium white ale infused with a touch of orange

sierra nevada pale ale
a high quality pale ale from the left coast

highland brewery gaelic ale
north carolina's highest quality ale

sam adams seasonal selection
ask server for selection

flying dog tire bite
a classic golden ale light and smooth

highland brewery mocha stout
north carolina's smoothest stout

premium beer selections

4 ng

chimay red
bells two heart ale
samuel smith nut brown ale
rogue dead guy ale
spaten
sam adams boston lager
brooklyn brown

dog fish head 90 minute ale
franzikiner hefe weiz
stone arrogant bastard
anchor steam
grolsch
fat tire amber ale
dogfish head 60 minute ale

domestic beer selections

3 ng

bud light **budweiser**
michelob ultra **miller light**

daily specials

monday 1/2 price glasses & bottles of wine	thursday \$5 house flavored margarita martinis
tuesday \$2 domestics & \$3 microbrew bottles	friday live music, no cover
wednesday award winning 1/2 price martini night	saturday live music, no cover
sunday bloodymary brunch 11 am - 2:30 pm	



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